

## Physical Examinations of Students

Parents/guardians shall be encouraged to have their children physically examined prior to entering school for the first time and again prior to the fourth, seventh, and tenth grades.

In any case where physical exercise is rather strenuous (such as physical education classes) and a student has any physical impairment whatsoever, the student may be required to present authorization for such participation from a health care provider.

Students may be excused from physical education activities and from curricular requirements relating to physical education activities upon the statement from a health care provider that such participation would be injurious to their health.

Teachers shall be alert to the general well-being of students and shall refer any questionable situations to the school principal.

Any student participating in District-sponsored sports must provide documentation of a sports' physical which is current within the past 12 months. This documentation must be presented prior to the student being allowed to take part in any practice sessions.

Note: A health care provider is defined as an M.D., D.O., Nurse Practitioner, P.A., Dentist or Psychiatrist.

Adopted February 8, 1984

Revised August 13, 1986

Revised to conform with practice June 8, 1994

Revised April 23, 2008

LEGAL REFS.: C.R.S. 13-22-103 (minors may consent for medical, dental care under certain circumstances)  
C.R.S. 25-4-402 (venereal disease diagnosis and reporting)  
C.R.S. 25-6-102 (prohibitions against restrictions regarding contraceptives)  
20 U.S.C. 1232(c)(2) (parent consent for non-emergency physical examination or screening)

CROSS REFS.: IMBB, Exemptions from Required Instruction  
JLC, Student Health Services and Records  
JLDAC, Screening/Testing of Students

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